



TO THE CHAIRMAN OF THE SCIENTIFIC JURY  
 DETERMINED BY ORDER No. 249/15.09.2022  
 TO THE RECTOR  
 OF THE UNIVERSITY "PROF. Dr. AS. ZLATAROV"  
 CITY OF BURGAS

## OPINION

by Associate Professor Valentin Yosifov Irmov, MD  
 University "Prof. Dr. Asen Zlatarov" - Burgas  
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Subject: Competition for the academic position "associate professor" in the field of higher education 7. "Health and sport", professional direction 7.1. "Medicine", scientific specialty "Urology" for the needs of the Faculty of Public Health and Healthcare, University "Prof. Dr. Asen Zlatarov", Burgas, announced in State Gazette no. 45/17.06.2022

The document acceptance committee admitted Dr. Nikolay Radoslavov Mirinchev, md, who submitted the necessary documents and complied with all legal provisions for participation in the competition.

Dr. Nikolay Radoslavov Mirinchev, md, was born in the city of Burgas. He finished secondary education at the English Language High School in the city of Burgas. In 1993, he graduated from the Medical University "Prof. Dr. Paraskev Stoyanov" Varna, specialty "Medicine". In 1998 he acquired the specialty "Urology" at the Medical University of Sofia, Sofia. In 2022, Dr. Mirinchev obtained the educational and scientific degree "Doctor" in the specialty "Urology" at the Medical University of Sofia after a successfully defended dissertation on the topic "Prostate biopsy, modern methods and challenges".

In 1993 and until now, Dr. Nikolay Mirinchev worked as a urologist in the Department of Urology, UMBAL Burgas AD, Burgas. From 2014 to now, he is the head of the Department of Urology in the same hospital. Since 1999, he has been working as a urologist and on a second employment contract at the NHIF, Burgas.

Since March 2021, he has been a part-time teacher at "Prof. Dr. Asen Zlatarov" University.

In the competition for "associate professor" in "Urology", Dr. Nikolay Mirinchev participated with the following scientific papers, distributed as follows:

- habilitation thesis/monograph - 1
- publications in journals referenced in Scopus and Web of Science – 1
- a published book based on a defended dissertation - 1
- publications in non-refereed Bulgarian and foreign journals- 10
- publications as an independent author - 10
- submitted evidence for citations - 17.

According to the LDASRB and the qualitative and quantitative indicators laid down in the Regulations for the Development of the Academic Staff of the University "Prof. Asen Zlatarov, Ph.D., Burgas, the criteria for holding the academic position of "Associate

Professor" have been met, as out of the required 450 points, Nikolay Mirinchev, MD., presents evidence for 665 points.

	Content	Academic position	Dr. Nikolay Mirinchev, md
A	Indicator 1	50 pts.	50 pts.
B	Indicator 2	-	-
C	Indicators 3 or 4	100 pts.	100 pts.
D	Sum of indicators from 5 to 9	D 220 pts.	340 pts.
E	Sum of indicators from 10 to 12	60 pts.	95pts.
F	E Sum of indicators from 13 to the end	20pts.	70pts.
	Total number of points	450pts.	665pts.

I define the contributions of Dr. Nikolay Radoslavov Mirinchev as scientific and applied:

1. Prostate cancer research - prevention and screening, methods of diagnosis, complications of prostate biopsy and ways to avoid them.
2. Modern endoscopic treatment of benign prostatic hyperplasia with thulium laser and comparative analysis with bipolar transurethral resection, which is still considered the "gold standard".
3. Application of low-intensity ultrasound in the treatment of chronic pelvic pain and mild to moderate vasculogenic erectile dysfunction.
4. Endoscopic treatment of urgent urological conditions and modern approaches for software planning of laser lithotripsy in patients with urolithiasis and different "stone weight".
5. Impact of the Covid-pandemic on the characteristics and degree of complication of emergency urological conditions.

Dr. Nikolay Mirinchev, md presents a report on participation in the Project Medical Education of Specialists and Specialists in Urology on the topic: "Management of non-neurogenic symptoms of the lower urinary tract in men, including benign prostatic obstruction" in four diagnostic modules. From 2016 to the present, he has been training specialists in the specialty "Urology" at "UMBAL - Burgas" and under his leadership two specialists have acquired a specialty and one is currently being trained.

Since 2017, he has been training students in practice at "UMBAL - Burgas" . At the moment, he conducts training in the disciplines "Urology" and "Education/Clinical Practice" for students from the Faculty of Public Health and Healthcare and Medical College at the University "Prof. Dr. Asen Zlatarov", Burgas.

Dr. Mirinchev is a proven specialist in practice with over 29 years of proven experience. From 1998 to the present, the candidate has completed 19 specializations and qualification courses in Bulgaria and abroad (Germany, Austria, Spain, Italy), related to endourology and minimally invasive surgery, laparoscopy in urology, prostate biopsy, urodynamics, percutaneous nephrolitholaxy, etc. .

Conclusion: Dr. Nikolay Radoslavov Mirinchev, md is an established clinician with serious achievements in the field of urology. There is an adequate scientific production that fully covers the required criteria for the current competition. All of the above gives me the convincing reason to recommend to the respected members of the Scientific Jury to vote for awarding the scientific title "associate professor" to Dr. Nikolay Radoslavov Mirinchev, md in the scientific specialty "Urology" at the Faculty of Public Health and Healthcare at the University "Prof Dr. Asen Zlatarov", Burgas.

Date: 09.11.2022  
City of Burgas

Signature:

Associate professor. Dr. Valentin Irmov, MD