



To  
The Chairman of the Scientific Jury,  
determined by Order No. RD 249/15.09.2022  
of the Rector of the University "Prof. Dr. Asen Zlatarov" – Burgas

## STANDPOINT

from

*Assoc. Prof. D-r Plamen Dimitrov Dimitrov, MD - Urologist*  
*Department of Urology, Medical University Sofia*  
*Urology Clinic, UMHAT „Alexandrovska“*

### **In regard to:**

The academic contest for the academic position Associate Professor, announced in the field of higher education 7. Health care and sports, professional direction 7.1. Medicine, in the scientific specialty "Urology", in the Official Gazette, no. 45/17.06.2022 at "Prof. Dr. Asen Zlatarov" University - Burgas.

One candidate was admitted to participate in the competition for the academic position "Associate Professor" - Dr. Nikolay Radoslavov Mirinchev, MD.

Pursuant to Order No. RD 249/15.09.2022 of the Rector of the University "Prof. Dr. Asen Zlatarov" - the city of Burgas and according to the first meeting of the Scientific Jury, I have been assigned to prepare an opinion in the competition for the academic position of "ASSISTANT PROFESSOR" in the Scientific specialty "Urology".

I received from Dr. Nikolay Mirinchev, MD a complete set of documents and all the materials necessary for the preparation of this opinion.

### **Dear members of the Scientific Jury,**

This statement was prepared in accordance with the Law on the Development of the Academic Staff (LAD), the Regulations for the Application of the LAD and the Regulations for the Terms and Conditions for Acquiring Scientific Degrees and Holding Academic Positions at the University "Prof. Dr. Asen Zlatarov" - Burgas.

Dr. Nikolay Mirinchev, MD. was born on 15.06.1966.

He finished his secondary education at the English Language High School, Burgas in 1985.

He graduated as a Master of Medicine in 1993 at the Medical University "Prof. Dr. Paraskev Stoyanov" Varna

In 1998, he acquired a specialty in "Urology" at the Medical University of Sofia, Sofia

He acquired a master degree in "Health Management" in 2009 at "Prof. Dr. Asen Zlatarov" University – Burgas.

Since 2018, he has been enrolled as a doctoral student of independent training in the Department of Urology at the Faculty of Medicine of the Medical University - Sofia. On 11.03.2022, he successfully defended his doctoral thesis on the topic "Prostate biopsy, modern methods and challenges" and was awarded the scientific and educational degree "DOCTOR" at Medical University - Sofia.

Dr. Mirinchev's professional career began in December 1993 as he worked as a urologist in the Department of Urology, UMHAT Burgas. Since 1999, he has been working as a urologist and on a second employment contract at the NHS - Burgas. From December 2003 to July 2014, he was a senior physician, and from August 2014 to the present, he has been the Head of the Urology Department at the hospital. Since March 2021, he is a part-time teacher at "Prof. Dr. Asen Zlatarov" University.

Dr. Nikolay Mirinchev is a member of the Bulgarian Medical Doctor Union, the Bulgarian Urological Society, the European Association of Urology, the International Continence Society.

At the moment, Dr. Mirinchev has 17 scientific works published in peer-reviewed journals or in collections, with a scientific editor and publisher, and in accordance with the national and university educational and normative base for acquiring scientific degrees and holding academic positions or as follows: one monographic work, one published book based on a defended dissertation work for the award of the educational and scientific degree "Doctor", two publications referred and indexed in Scopus and Web of Science and 13 in non-refereed peer-reviewed journals.

To participate in the competition, the candidate presents one habilitation thesis - monography "Ureteroscopy and retrograde intrarenal surgery", ISBN: 978-619-7353-54-9, 2022.

The presented scientific publications are 12, such as one in refereed and indexed in world-famous databases with scientific information (Scopus; Web of Science)

and ten published in non-refereed journals with scientific review, as well as one book based on the dissertation work. In ten of the works presented, Dr. Mirinchev is the sole author.

The main scientific directions of the works are:

- Diagnosis and treatment of prostate diseases/2,4,9,10,11,12,13/
- Endoscopic treatment of urolithiasis/1,3,8/
- Urological emergencies/5,7/

After analysing the presented works, the following main contributions of an original and scientific-applied nature can be identified:

- Introduction in the urological practice of the so-called "fusion" biopsy of the prostate gland with a view to improving the diagnosis of prostate carcinoma;
- Facilitation and study of the possibilities of mass screening for early detection of carcinoma of the prostate gland:
- Introduction into urological practice of software for 3D processing of DICOM files, to predict the duration of laser lithotripsy for calculi with different 3D configuration

The scientific works of Dr. Nikolay Mirinchev have been cited a total of 17 times - 1 in a scientific publication, referenced and indexed in world-renowned databases with scientific information and 16 in non-refereed journals with scientific review.

It is apparent from the attached reference, Dr. Mirinchev has participated in a scientific project - Medical training of residents and specialists in urology on the topic: "Management of non-neurogenic symptoms of the lower urinary tract in men, including benign prostatic obstruction", in four diagnostic modules.

Dr. Mirinchev conducts training in the following disciplines:

- discipline "Urology" in the 4th semester of the students of the specialty "Medical Doctor Assistant" for the academic year 2021/2022.
- academic/clinical practice of the "Medical Doctor Assistant" specialty for the academic year 2021/2022.
- discipline "Internal Diseases" in the specialty "Rehabilitator" during the academic year 2020/2021.

In the period from 2017 until now, he has been conducting clinical practice training for students at the Multidisciplinary University Hospital for Active Treatment - Burgas.

In the period from 2016 to the present, he has been training residents in the specialty "Urology" at the Multidisciplinary University Hospital for Active Treatment - Burgas.

Under the guidance of Dr. Mirinchev, two specialists have acquired a specialty and one is currently in training.

From the analysis of the scientometric data, it is clear that the total number of points of the candidate is 665 out of the required 450 points.

### **Conclusion**

The analysis made of the professional development, contributions, teaching and diagnostic-treatment activity shows that Dr. Mirinchev meets the requirements of the Law on the Development of the Academic Staff, the Regulations for its application and the Regulations for the terms and conditions for acquiring scientific degrees and holding academic positions in University "Prof. Dr. Asen Zlatarov" - Burgas for the academic position of "Associate Proffessor".

The stated facts, as well as his professional qualities as a proven urologist, give me grounds for a positive assessment and I recommend the respected members of the Scientific Jury **to vote positively** for the candidacy of Dr. Nikolay Mirinchev, MD. for occupying the academic position "Associate Proffessor".

10.11.2022

Sofia

Standpoint by:

/Associate Prof. D-r Plamen Dimitrov, MD/