

## STATEMENT

From Prof. Galina Stamova Tchaneva, PhD

Member of the Scientific Jury - Order № RD - 377 / 21.12.2021 by the Rector of the University "Prof. Dr. Asen Zlatarov" - Burgas

Subject: Competition for the academic position of "Associate Professor" in the field of higher education 7. "Health and Sports" in professional field 7.4. "Public Health" and scientific specialty "Social Medicine and Organization of Health and Pharmacy" and additional qualification Master in "Health Care Management".

For participation in the competition the documents of one candidate have been submitted - Chief Assistant Varvara Andonova Pancheva, PhD from the Department of Rehabilitation and Marine Medicine at the Faculty of Public Health and Health Care at the University "Prof. Dr. Asen Zlatarov" - Burgas.

### Biographical data

Chief Assistant Varvara Pancheva, PhD graduated from IPZKSSO in Burgas in 1985 with a degree in nursing - general profile. She continues training and development in the following areas:

- 2003 - Specialty "Business Management with a specialization in Health Management" - a bachelor's program at the University "Prof. Dr. Asen Zlatarov" - Burgas.
- 2009 - specialty "Health Management" - Master's program at the University "Prof. Dr. Asen Zlatarov" - Burgas.
- 2011 - specialty "Health Care Management" - master's program at the University "Prof. Dr. Asen Zlatarov" - Burgas.
- 2019 - ONS "Doctor" in Social Medicine and Organization of Health and Pharmacy – Faculty of public health of MU-Sofia

The professional development of Chief Assistant V. Pancheva, PhD started as a nurse in the Mother and Child Home - Burgas, and later in the Hospital - Burgas. Since 1994 she has been a lecturer in practice at the Medical College - Burgas. In the period from 2009 to 2012, Chief Assistant Varvara



Pancheva, PhD take the position of Deputy Director of the Medical College of Burgas. Since 2016 she has been the head nurse of the Medical Center "Nadezhda 1" in Chernomorets, and in 2017 she is the senior nurse of the Medical Center "El Masri" in Burgas. In 2016 she was appointed an assistant in the Department of Public Health, Medical and Social Care and Rehabilitation at the Faculty of Public Health and Health Care at the University "Prof. Dr. Asen Zlatarov "Burgas. Since 2020 she has held the academic position of "Chief Assistant" in the Department of "Rehabilitation and Marine Medicine" at the Faculty of Public Health of the University "Prof. Dr. Asen Zlatarov "Burgas.

For participation in the competition Chief Assistant V. Pancheva, PhD presents documents for participation in a number of postgraduate trainings:

- Qualification course in "Methodology of Scientific Research - object of dissertation thesis and medical statistics - MU - Sofia
- Qualification course "Development of curriculum, plans and programs related to the system of accumulation and transfer of loans" - University "Prof. Dr. Asen Zlatarov "Burgas.
- Qualification course "Innovative educational technologies and distance learning" - PU "P. Hilendarski "
- Qualification course "Development of electronic forms of distance learning in the system of the University" Prof. Dr. Asen Zlatarov "Burgas"

#### **Research activity**

Chief Assistant V. Pancheva, PhD presents for participation in the competition 2 monographs, 2 participations in textbooks and 26 publications, of which 6 - independent, 10 - first author.

The monography on "Improving the well-being of patients with diabetes" examines the medical and social problems of patients with diabetes. The problems regarding the quality of health care for these patients are analyzed, providing modern methodological and innovative approaches to ensure "good practice" in patient care. The author emphasizes the safety of patient care, its effectiveness, timeliness and comprehensiveness.



The monography "Guidelines for Improving Hospital Nursing" presents a modern concept of quality of health care, based on theoretical conceptual models of nursing care. A number of problems of the quality of health care are analyzed - the regulatory framework, the organization and management of hospital nursing care. Specific guidelines for the application of innovative methods, tools and approaches to improve the system of organization of nursing care to improve their quality are provided.

Chief Assistant V. Pancheva, PhD has participated in a number of projects from the OP "Human Resources Development" and the following research projects funded by the University "Prof. Dr. Asen Zlatarov ":

- "Palliative care to combat pain and better quality of life" - 2007.
- "Palliative care - an alternative approach in modern public health to combat pain and better quality of life" - 2009.
- "Medico-social rehabilitation of the leading socially significant weeds in the Burgas region" - 2010.
- "Alternative medical and social care and rehabilitation for children with disabilities in Burgas municipality" - 2011-2012.
- "Modern approaches and methods in the training of MC students in the rehabilitation and prevention of diabetic foot" - 2013.
- "The role and place of thalassotherapy and balneological resources in the Burgas region for prevention and rehabilitation of diseases of the musculoskeletal system and peripheral nervous system" - 2014-2015.
- "Modern methods and approaches for training medical rehabilitation students and occupational therapists to work in Medical SPA Center" - 2015.
- "The role of kinesitherapy, natural physical factors and massage in the prevention, treatment and rehabilitation of osteoporosis" - 2016.
- "Innovative approaches in the training and qualification of health professionals for the prevention of diabetes and its leading complications" - 2018-2019.



- "Study of the severity of atherosclerotic changes in peripheral blood vessels in diabetics" - 2020.

The main directions of the research and practical-applied activity of the chief assistant Varvara Pancheva, PhD are the following:

- Health promotion and disease prevention - prevention of socially significant diseases and prevention of their complications, training and health literacy of patients and their environment;
- The possibilities for introduction of integrated medical and social care for people with chronic diseases have been studied and analyzed;
- A study of the quality of health and nursing care was conducted, indicating modern approaches to improving the quality of care in hospital;
- Studies of the quality of medical education and the professional training of health care professionals have been conducted;
- Research has been conducted in the field of health management and health care management, and the leading problems have been analyzed.

Chief Assistant Varvara Pancheva, PhD presents documents for participation in 19 national and international conferences. The citations of the works of Chief Assistant V. Pancheva, PhD presented for participation in the competition are 29.

#### **Teaching activities**

Chief Assistant Varvara Pancheva, PhD teaches the following specialties at the University "Prof. Dr. Asen Zlatarov ":" Nurse "; "Midwife"; "Medical Rehabilitation and Occupational Therapy"; "Medical Assistant"; "Rehabilitator"; "Assistant Pharmacist"; "Balneo, SPA and Wellness Management" and others.

The disciplines in which Chief Assistant Pancheva conducts training and participates in the development and updating of curricula are the following:

- Healthcare - "Balneo, SPA and Wellness Management"
- Health promotion - "Balneo, SPA and Wellness Management"
- Nursing care for infectious patients - "Nurse"



- Nursing care for children and adults with disabilities - "Nurse"
- Nursing care in neonatology and pediatrics - "Midwife"
- Health care and pre-medical care - "Medical rehabilitation and occupational therapy"
- Pre-medical care - "Rehabilitator"
- Internship and Undergraduate Internship, etc.

The study load of Chief Assistant V. Pancheva, PhD for the last five years is the following:

- 2015/2016 academic year - 751.6 hours
- 2016/2017 academic year - 636.0 hours
- 2017/2018 school year - 547.1 hours
- 2018/2019 school year - 829.3 hours
- 2019/2020 school year - 781.1 hours

The documents presented by Chief Assistant Varvara Pancheva, PhD for participation in the competition, meet the minimum national requirements and criteria of the University "Prof. Dr. Asen Zlatarov "for holding the academic position of " Associate Professor ".

### **Conclusion**

The documents presented by Chief Assistant Varvara Pancheva, PhD for participation in the competition show that her research and teaching activities are in the field of public health and health care, and their importance gives me reason to give my positive assessment and recommend the scientific jury to award the candidate the academic position "Associate Professor ".

22.02.2022

Prepared the statement:

Prof. G. Tchaneva