

#### OPINION

### by Prof. Vladimir Hristov Gonchev, MD, PhD

Professional direction 7.4. "Public Health", scientific specialty "Social Medicine and Organization of Healthcare and Pharmacy"

Faculty of Public Health and Health Care at the University "Prof. Dr. Asen Zlatarov" - Burgas

Member of the scientific jury, according to Order No. RD - 259/15.09.2022 of the Rector of the University "Prof. Dr. Asen Zlatarov" - Burgas

Regarding: Participation in the Competition for the occupation of the academic position "Associate Professor" in the scientific specialty "Social Medicine and Organization of Health Care and Pharmacy" for the needs of the Department of "Rehabilitation and Maritime Medicine", at the National Institute of Medical Sciences at the University "Prof. Dr. Asen Zlatarov", Burgas, announced in SG No. 45/17.06.2022.

One candidate participated and was admitted to the announced competition: Chief Assistant Sonya Kostadinova Nencheva, PhD

The candidate has submitted all the necessary documents for participation in the competition, fulfilling the requirements of the Law on the Development of the Academic Staff in the Republic of Bulgaria (LASDRB), the Rules for its Application and the Rules for the Development of the Academic Staff at the University "Prof. Dr. Asen Zlatarov", Burgas.

# Brief biographical and professional data about the candidate's development

Sonya Kostadinova Nencheva, assistant professor, was born in the town of Sredets, region Burgas in 1971, where she graduated from high school with a gold medal. In 1992, she graduated "Rehabilitation" at PMI - Plovdiv. In the period 2001 - 2003, she obtained a "Bachelor's" degree in the field of "Health Care", with the professional qualification "Health Care Manager and Lecturer in a Medical College" at the Faculty of Medicine of the Medical University - Plovdiv, and in 2007 he obtained a "Master's" degree " with a professional qualification "Health

Management" at the Medical University of Sofia Medical University. In 2014, she obtained a doctorate in the scientific specialty "Social medicine and organization of health care and pharmacy" at the Department of "Social medicine and public health", FOZ at the Medical University - Plovdiv. This year she also obtained a Master's degree in the scientific specialty " Ergotherapy in the community" at the Public Health Service of Ruse University "Angel Kanchev". There are numerous certifications and additional qualifications.

She began her professional career in the summer of 1992, as a rehabilitator at the Orthopedics and Traumatology Clinic of UMBAL "St. Georgi" - Plovdiv. Until the health reform in July 2000, she worked as a rehabilitator in the 1st Municipal Polyclinic - Plovdiv. In 2004, Sonia Nencheva started working in the pharmaceutical industry and has been working ever since. She currently holds the position of Key Account Manager. Since 2016, she has been in the academic staff of the University "Prof. Dr. Asen Zlatarov" - Burgas, and in 2019 acquired the administrative position of Chief Assistant.

## Evaluation of quantitative and qualitative indicators

Chief Assistant Sonya Kostadinova Nencheva, PhD, has submitted a signed comprehensive evidentiary material containing detailed lists, references, summaries and full-text copies of the scientific works after acquiring the position of "Chief Assistant", certificates and diplomas, references for citations, declaration of originality and authenticity of the attached documents. The presented materials contain the necessary information to carry out a quantitative and qualitative assessment of her overall academic development. The presented works are in the field and the problems of the competition - professional direction 7.4. "Public health", scientific specialty "Social medicine and organization of health care and pharmacy".

A habilitation thesis, 14 scientific publications in international and Bulgarian publications are presented.

The candidate fulfills the conditions for occupying the academic position "Docent" in accordance with Art. 29 of LASDRB and minimum required points for the academic position "Docent", according to RILASDRB in District 7. "Health and Sports", professional direction 7.4. "Public Health". In the table, I confirm the scientific- metric values, according to ch. assistant Sonya Nencheva, PhD, fulfills all the conditions for occupying the academic position "Associate".

Professor" in accordance with the Regulations for the Development of the Academic Staff at the University "Prof. Dr. Asen Zlatarov" - Burgas and the minimum required points:

Minimum required points for the academic position "Associate Professor" in District 7. "Health and Sports", professional direction 7.4. "Public health" according to RILASDRB. Minimum required points for the academic position "associate professor" in District 7. "Health and sports", professional direction 7.4. "Public Health" in accordance with the Regulations for the Development of the Academic Staff at the University "Prof. Dr. Asen Zlatarov" - Burgas .

Total:	400 t.	450 items	570 items
E Sum of indicators from 13 to end		20	50
<b>D</b> Sum of indicators 10 to 12	50	60	120
D Sum of indicators 5 to 9	200	220	250
In Indicator 3	100	100	100
A Indicator 1	50	50	50
A group of metrics	Associate professor, in accordance with LASDRB and RILASDRB	Associate Professor, according to PPZNSNS at University "Prof. Dr. Asen Zlatarov" - Burgas	Chief Assistant Sonia Kostadinova Nencheva, PhD

The scientific publications presented are a total of 19 full-text publications published in refereed and non- refereed peer-reviewed journals or published in edited scientific volumes.

Out of a total of 14 scientific papers submitted for the competition, 7 are independent and 7 are co-authored, in national and international editions. All editions are indexed with scientific peer reviews.

All published scientific works with which the candidate participates in the competition do not overlap with the publications that she presented when defending the dissertation work for the educational and scientific degree "Doctor".

7 conferences have been attended, 6 of which are international.

Participation in 4 research projects - 1 international and 3 funded by the University, one of which she is the head of.

## Main directions of publication activity

The presented works of the candidate correspond in terms of subject matter and content in the following main areas:

### Teaching activity

As an assistant and chief assistant, Sonya Kostadinova Nencheva, PhD (on ½ staff) during the six academic years has an average academic load of 366 equivalents. o'clock.

Participates in teaching the students of "Medical Rehabilitation and Occupational Therapy " specialty, "Health Management" specialty, "Balneo Spa and Wellness " specialty manager" at FOZZH, specialty "Rehabilitator" and specialty "Assistant Pharmacist" at Medical College.

Taught disciplines: Occupational therapy and ergonomics, Methods for functional evaluation in medical rehabilitation and occupational therapy, therapeutic massage, Medical statistics, Medical ethics and deontology. Conducts practice and pre-graduate internship at interns from the "Medical" specialty rehabilitation and occupational therapy ".

The report on the study load meets the requirements of the PRAS of the University "Prof. Dr. Asen Zlatarov" - Burgas .

### Conclusion

The examination of the materials for the competition for the academic position "Associate Professor" of chief assistant Sonia Kostadinova Nencheva, PhD shows that the normative requirements of the Law on the Development of the Academic Staff of the Republic of Bulgaria, the Rules for its Application and The regulations for the development of the academic staff at the

University "Prof. Dr. Asen Zlatarov" - Burgas. The candidate presents scientific works of sufficient volume, in which there are original scientific and applied contributions.

In conclusion, I give a positive assessment of the activity of chief assistant Sonya Kostadinova Nencheva, PhD and I VOTE POSITIVE, suggesting that the members of the scientific jury also vote positively for her selection for the academic position "Associate Professor" in the field of higher education 7. Health care and sports, professional direction 7.4. Public Health, in the scientific specialty "Social Medicine and Organization of Health Care and Pharmacy", in the Faculty of Public Health at the University "Prof. Dr. Asen Zlatarov" - Burgas.

04/11/2022

Burgas, Bulgaria

Signature:

Prof. Vladimir Hristov Gonchev, MD, PhD