

## STATEMENT

from

**Assoc. Prof. Albena Nikolaeva Andonova, PhD**

**Faculty of Medicine,**

**Trakia University – Stara Zagora**

Regarding: a competition for occupation of the Academic position of Associate Professor in the Higher Education field 7. Health Protection and Sports, Professional direction 7.4. Public Health and Scientific Specialty in Social Medicine and Organization of Public Health and Pharmacy, for the needs of *Professor Doctor Asen Zlatarov University – Burgas*, published in SG, issue N.87/19.10.2021 and on the University site on 20.10.2021

Pursuant to the Order N. RD (PД) – 376/21.12.2021 issued by the Rector of *Professor Doctor Asen Zlatarov University – Burgas*, I was appointed as an external member of the Scientific Jury of the competition.

After examining the documents submitted, I have ascertained as follows:

The only candidate who participates in the announced competition is the Chief Assistant Professor Katya Eftimova Popova, MD, lecturer at Healthcare Department, Social Health and Healthcare Faculty of *Professor Doctor Asen Zlatarov University*. Within the determined period of time, the Candidate has submitted documents and documentary proofs in full conformity with the Rules on the conditions and procedure for acquiring science degrees and holding academic positions in *Professor Doctor Asen Zlatarov University – Burgas*.

### **I. Biographical data. Professional path.**

The Chief Assistant Professor K.Popova, PhD, graduated in 1982 *Doctor K.Vezenkov INSTITUTE FOR PREPARATION OF HEALTH STAFF WITH SECONDARY SPECIALIZED EDUCATION – Burgas*, Nursing Specialty – general profile; 1995 – the Medical College Education (a specialty) acquired at the College of Medicine in Burgas, Nursing Specialty – general profile; 1993 – Master Degree awardee at *Paisiy Hilendarski College of Medicine in Plovdiv*, Specialty in Biology and Chemistry, the teacher of Biology and Chemistry; 2016 - Master Degree awarded at the Medical University – Sofia, specialty in Healthcare Management at the Medical University – Sofia..

In 2017 she acquired a specialty in the Healthcare System: Medical Pedagogy, at the Medical University – Sofia.

In 2019 she defended the educational and scientific degree of Doctor in Social Medicine and Healthcare and Pharmacy Organization, awarded by the University of Sofia, Social Health Faculty.

The professional career of the Chief Assistant Professor K.Popova, PhD, began in 1982, as a nurse at the First-Rate District Hospital in Burgas. Since 1889 up to the moment, she has been working as a lecturer, assistant professor, chief assistant professor at *Professor Doctor Asen Zlatarov University – Burgas*. She was a Deputy Director of the Medical College in Burgas within the period 2000-2008, and from 01.09.1996 to 01.09.1997 she occupied the position of the Assistant professor at the Medical University – Sofia, Nursing Faculty

Participations in 10 courses and trainings.

French and Russian command.

She is a member of the Bulgarian Scientific Society of Public Health, a member of the General Assembly of the University and Public Health and Healthcare Faculty, a member of the Faculty

Council of the Social Health and Healthcare Faculty, of the Commission of Quality at the Social Health and Healthcare Faculty.

## **II. General description of the materials submitted for the competition**

For the participation in the competition, Chief Assistant Professor K. Popova, PhD, has submitted the Author's Summary of her dissertation, which topic is Health-Social Aspects of Care for Elderly and Older People, 4 publications related to the dissertation and 39 publications.

She is a sole author of 7 publications and the first author of 13 ones. 7 publications are in English. There are also publications in Bulgarian contemporaneous scientific editions, refereed and indexed in worldwide known data bases containing scientific information (5, according to NACID data).

2 monographs, 3 school appliances have been also submitted hereto.

In 1994-1998 she participated in 1 International educational project.

In 1994-she participated in 1 International Educational Project. Project PHARE BG-9301-02-05 L-000, Social health protection: hospitals in Paris, 7 National Educational Projects and 10 University ones, being a project leader of one of them.

She has been a participant in 16 Bulgarian and National Conferences.

She has also participated in the Organizational Committees of 4 students' scientific sessions and a moderator in one International Forum held in Albania.

She has presented 26 citationsr.

The scientometric indicators of Chief Assistant Professor K. Popova, PhD, surpass the required ones according to the Rules on the conditions and procedure for acquiring science degrees and holding academic positions in *Professor Doctor Asen Zlatarov University* – Burgas.

## **III. Assessment of Applicant's scientific works.**

The scientific interests of Chief Assistant Professor Popova, PhD, are in the field of the public health, the healthcare and the quality of medical education. The stress is put onto prevention from socially significant diseases chronic diseases, elderly people, children and their health and social related problems, health promotion, healthcare organization, management and quality. She has been actively working for the increase of quality of the professional preparation of the healthcare specialists and the students of Healthcare professional direction.

The main contributions of the entire scientific research activity can be grouped in the following way:

1. Research and analysis of elderly and older people and their families' needs of qualitative health and social services;
2. A Model of organization of elderly and older people integrated care has been created, which ensures qualitative healthcare end supporting services, focusing on the social community (on the level of municipality, local community);
3. Methodical guidelines have been elaborated for a Geriatric Care Expert in the social community, which main role includes the organization and the management of the process in order to provide qualitative care;
4. Proposals have been made for the improvement of the communication and the interaction in the healthcare team: specialists and patients with institutions with the purpose for improvement of the healthcare quality for prevention and prophylactics of socially significant diseases.

5. A multidisciplinary mobile team for preventive care has been approved where students of Healthcare professional direction participate as volunteers in multidisciplinary teams with the purpose to increase the quality of their professional preparation, motivation and realization in the field of geriatric care.

6. The leading risk factors among the different groups of the population have been analyzed: factors predisposing to or causing socially significant diseases; the health assistance difficulties and faults have been outlined and especially for the vulnerable groups of the population. The inertia processes in health protection have been delineated considering that the health protection is oriented to healing and diagnostic activities and not to promotional and prophylactic ones, particularly among children, students, parents, health specialists, teachers. Insufficient interaction has been ascertained in promoting a healthy way of life among the young generation and creating skills of an informed healthy choice, the control on and the responsibility for the proper health.

7. There have also been worked out: a Trainee's diary of a scientific-applied and innovative character, in order to ensure a sustainable system for organization, performance and assessment of the pre-graduate internship and a creation of conditions to give the possibility to the trainees for acquiring of the level of competence required for their professional realization; Methodical guides on Nursing Care Practical bases, in order to assist the students with acquiring theoretical knowledge and its application in practice in a real work environment.

8. The application of non-traditional methods to practical training, included insertion of students into research projects, extramural classes and other pro-active methods exert a positive influence on the teaching process quality by stimulation of the students' activity and creativity in formation of professional competences.

#### **IV. Monographs.**

Chief Assistant Professor K. Popova, PhD, participates in the competitions with 2 monographs.

Monograph

1. Popova K. (2020) Geriatric care – realities and perspectives. Medical and social aspects. Edit. *Baltica* 2002, Burgas, 2020, 208 pages. ISBN 978-619-7353-31-0.

Monograph not represented as a principal habilitation's work

2. Popova K., G.Terzieva, Health-related quality of life of people suffering from chronic diseases. Edit. *Baltica* 2002, Burgas, 130 pages. ISBN 978-619-7353-31-7 (in print).

#### **V. Citations.**

29 citations have been noted (27 in articles+2 in a co-work on a Reference elaborated by Chief Assistant Professor K. Popova, PhD.

#### **VI. Didactic-methodical and lecturer activity**

Chief assistant Professor K. Popova, PhD, has the necessary lecturer's workload and even surpasses the required one.

She has been conducting lectures, exercises, seminars, on 9 subjects to the students of Nursing, Obstetrician, Physician Assistant and Bachelor's Education and Qualification Degree.

She has been participating in the training of the probationers in Nursing and Healthcare Management specialties at the Medical Universities – Varna. And Sofia.

She has provided to more than 30 students a scientific-methodical advisory services for a participation in scientific forums (16 reports 6 of which have been awarded the prize places by the Scientific Jury).

She is a member of the Commissions as follow: Commission of Quality, of the Accreditation Procedures and the Post-Accreditation Control; the Commission for the preparation of Didactic Documentation; she has been a Scientific Secretary of the Social Health and Healthcare Faculty, of the Faculty Council of the Social Health and Healthcare Faculty and of the Rehabilitation and Sea Medicine Department.

She is a member of University, Faculty and College Commissions, as follow: Commission of Quality; EMC (Educational-Methodical Council); Commissions on Accreditation Procedures and Post-Accreditation Control; Commissions for the preparation of Didactic Documentation – qualification characteristics, curricula, syllabi; she is a member of State Examination Boards for Nursing specialty.

She participates in teams of elaboration and renovation (updating) of curricula on specialties as Obstetrician, Nursing, Healthcare Management.

She has been conducting courses of Post-Graduate Education and programs worked out for Post-Graduate Qualification:

- for nurses of Children and School Health Protection- at the Municipality of Burgas;
- for nurses, social workers and assistants, at the Municipality of Burgas, Municipality of Karnobat, Municipality of Ruen.

**She is the author and co-author of 7 programs for Post-Graduate Education.**

## **VII. Conclusion**

The entire scientific-research, didactic-methodical and lecturer's activity performed by Chief Assistant Professor K. Popova, PhD, is in a full compliance with the Act on Development of the Academic Staff in the Republic of Bulgaria and the Sections III and IV of the Regulations on the Implementation of the Act on Development of the Academic Staff in the Republic of Bulgaria: Conditions for and Order of the Occupation of Associate Professor Academic Position and with the C Act on Development of the Academic staff in the Republic of Bulgaria for Assessment (as a part of the Rules on the conditions and procedure for acquiring science degrees and holding academic positions in *Professor Doctor Asen Zlatarov University – Burgas*) on the Scientific Specialty "Social Medicine and Healthcare and Pharmacy Organization; Higher Education Field 7. Health Protection and Sports; Professional Direction of 7.4. Public Health; for the needs of *Professor Doctor Asen Zlatarov University – Burgas*.

*On the basis of what above exposed, I am giving my positive vote proposing the Honorable Members of the Scientific Jury to support the candidature of the Chief Assistant Professor Katya Iimova Popova, PhD, and to adjudge the Academic position of Associate Professor om the scientific specialty Social Medicine and Organization of Public Health and Pharmacy.*

On February 4<sup>th</sup> 2022.  
Stara Zagora

This review was written by:

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