

OPINION

by

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About:

Competition for the academic position of "Associate Professor" in the field of higher education 7. Health and Sports, 7.5. Health Care and additional qualification: Master's degree "Health Care Management", and specialty "Nurse", announced for the needs of the Faculty of Public Health and Health Care at the University "Prof. Dr. Asen Zlatarov" - Burgas in the State Gazette, issue 91 of 29.10.2024.

According to the Order of the Rector No. RD – 448/ 27.12.2024 of the Rector of the University "Prof. Dr. Asen Zlatarov" - Burgas, I have been appointed as an internal member of the scientific jury for the competition. After reviewing the submitted documents, I have established the following:

The only candidate in the announced competition is senior lecturer Petya Stefanova Stefanova, PhD, lecturer in the Department of Health Care, Faculty of Public Health and Health Care, University "Prof. Dr. Asen Zlatarov - Burgas". The candidate has submitted documents and evidence within the legal deadline in full compliance with the requirements of the Regulations on the conditions and procedure for acquiring scientific degrees and occupying academic positions at University "Prof. Dr. Asen Zlatarov" – Burgas

I. Candidate's career profile

Petya Stefanova Stefanova completed her basic medical education in the specialty "Nurse" at the "Dr. Konstantin Vezenkov" Medical Institute in Burgas in 1983. She continued her professional education and training at the "Prof. Dr. Asen Zlatarov" University in Burgas. In 2003, she graduated with a Bachelor's degree in "Health Management", and in 2012 with a Master's degree in "Health Care Management". In 2021, she was enrolled as a doctoral student in independent training at the Department of "Health Care", Faculty of Medicine of Trakia University - Stara Zagora. In 2024, she acquired the "Doctor" degree in the field of "Public Health".

P. Stefanova's professional activity from 1983 to 2010 was as a nurse at the Burgas University Hospital /Emergency Department, Neurosurgery, Surgical Department, OAIL/; Private Surgical Hospital - Burgas /anesthesia nurse/; Central Emergency Center - resuscitation team and Anti-shock room; Deva Maria University Hospital. In the period from 2010-2016 she was the Head Nurse at Deva Maria University Hospital. From 2012 to 2014 she was a part-time lecturer at the Department of Health Care. Since 2015, after a competition, she has been appointed as a lecturer at the Department of Health Care of the University "Prof. Dr. Asen Zlatarov" - Burgas, and since 2018, after attestation, she has been a senior lecturer.

P. Stefanova is constantly improving her qualifications, and over the past five years she has completed the following courses and training: "Breastfeeding Protection - Shared Responsibility" - 2021; "Clinical Death and Its Treatment - Cardiopulmonary Resuscitation" - 2022; "Heart Failure - Theoretical Knowledge Aimed at Clinical Practice of Healthcare Professionals" - 2022; "Oxygen Therapy within the Competence of Healthcare Professionals", language courses - English - level A2, B1.

She is fluent in Russian - level B2 and English - level B1.

P. Stefanova actively participates in various administrative activities of the Department of Health Care, the Foundation for Health Care and the University. Member of the Academic Council of the University "Prof. Dr. Asen Zlatarov" - Burgas. Member of the Bulgarian Association of Health Care Professionals. Chairman of the RC of BAHP- Burgas; Member of the Advisory Council on Health Care to the Municipality of Burgas; Member of the Bulgarian Scientific Society of Public Health.

II. General description of the submitted materials for the competition.

For participation in the competition, Senior Lecturer Petya Stefanova Stefanova, PhD, submitted: an abstract on the topic "Competencies of the nurse for integrated health - social care for elderly people with functional dependency and chronic diseases in them home", with 3 publications related to the dissertation.

She participated in this competition with the following scientific papers and presentations:

- 1 independent monographic work.
- 16 full-text publications, of which: 4 independent; 7 - first author; 4 in English. All publications are peer-reviewed and indexed.
- 1 textbook in co-authorship.
- Participation in 1 national and 2 international conferences with abstracts in conference proceedings.
- Participation in 8 projects: intra-university – 6, national – 1, international project – 1.
- 12 citations noted in scientific publications: 10 in non-refereed journals with peer-review and 2 in monographs.
- member of the Program Committee of the Scientific and Practical Conference "Emergency Medicine in Disaster Situations, Terrorism and Severe Trauma" (2024), member of the Organizing Committee of the International Scientific Student Session (2019) and 4 national student scientific sessions (2020, 2022, 2023, 2024).
- Implemented and approved author's developments of sample documents "Individual Assessment of Needs", "Care and Social Support Plan" in the implementation of activities under the project "Providing Patronage Care for the Elderly and Persons with Disabilities" - Component 2, BG05M9OP001-2.040.

The scientific indicators of Senior Lecturer Petya Stefanova, PhD, exceed those required according to the Regulations of the University "Prof. Dr. Asen Zlatarov" - Burgas for holding the academic position of "Associate Professor".

III. Evaluation of the candidate's scientific works.

Dr. Petya Stefanova's scientific interests are in the field of Public health, Health care and the quality of medical education. The emphasis is on the management of integrated health and social care for people with functional dependence and chronic diseases, a multidisciplinary approach to the management of palliative home care, quality of care management in pre-hospital and hospital care, quality of life of people with functional dependence, telemedicine and health care, health needs, health education in at-risk groups of the population. She also actively works to improve the quality of professional training of health care specialists and students in the professional field of "Health Care".

The main contributions of the overall scientific, research and applied activity can be grouped as follows:

1. A comprehensive and in-depth study of the national legislation and international experience in providing quality integrated health and social care for people with functional addictions and chronic diseases has been carried out.
2. The needs of people with functional addictions and chronic diseases for health and social interventions to ensure quality and accessibility of home care have been studied and analyzed.
3. An in-depth analysis of the theoretical models for nursing care in the patient's home and his subjective position in the interaction with the nurse was conducted, and the specific competencies of the nurse as a leader of a multidisciplinary team for home care for adults with functional dependencies and chronic diseases were specified.
4. Based on a very precise SWOT analysis of the existing systems for organizing integrated care for the elderly in the Republic of Bulgaria, a Model of individual/group practice for providing home health and social care for adults with functional dependencies and chronic diseases was developed.
5. Developed and tested forms "Individual Needs Assessment" and "Care Plan for a User with functional dependency and chronic diseases" under the project "Providing patronage care for the elderly and persons with disabilities" - Component 2, BG05M9OP001-2.040 in the Municipality of Burgas.
6. As a result of research and analysis of the role of healthcare professionals in providing health and social services in palliative care, a Model of a multidisciplinary team for providing palliative home care has been developed, which will allow for an increase in the quality of life of those in need.
7. The developed Guide for people with oncological diseases assists students in mastering theoretical knowledge and their practical application in implementing home and palliative care.

It can also be useful for teachers in practical training and for mentors from practice as a guideline for developing thematic units in the profile academic disciplines.

IV. Monographs.

St. lecturer Petya Stefanova, PhD participated in the competition with 1 monographs: Stefanova, P. (2024), Multidisciplinary approach in home palliative care, ISBN 978-619-7353-89-1, published by "Baltika - 2002".

V. Citations.

12 items were noted (10 in articles +2 in collective work), according to a report prepared by senior lecturer P. Stefanova, PhD.

VI. Study-methodical and teaching activity

Senior Lecturer P. Stefanova, PhD has the necessary academic workload and even exceeds the required one.

1. Conducts lectures, exercises, seminars and educational/clinical/practical training for students of the specialty "Nurse", "Medical assistant" - "Bachelor".
2. Exercises for students of the specialty "Healthcare Management" - "Bachelor" and "Master".
3. Exercises and educational practice under the international program "Erasmus +" for foreign students of the specialty "Nurse".

She has provided scientific and methodological consulting to students for participation in scientific forums.

She is a member of the Commissions for accreditation procedures and post-accreditation control; Commissions for preparing and updating educational documentation for the specialties of the "Health Care" specialty - qualification characteristics, curricula; Member of the state Examination Commissions for the specialty "Nurse".

She conducts courses on postgraduate training and developed programs for courses on postgraduate qualification:

- ☐ Training of medical specialists;
- ☐ Training of medical specialists from child and school Health care - municipalities of Burgas, Karnobat;
- ☐ Training of social workers and personal assistants;
- ☐ Training of medical specialists, educators, childminders on the problems of early childhood development - from the cities of Ruse, Blagoevgrad, Silistra, Etropole, Troyan, Dobrich, Burgas, Pomorie, etc.
- ☐ Training under the programs "Paramedic" III degree and "Paramedic" IV degree.
- ☐ Training under the national project "Student Practices" - students of the specialty "Nurse", "Midwife", "Medical assistant".

She is author and co-author in postgraduate study programs.

Personal impressions I have known Petya Stefanova since the beginning of her professional career and I have wonderful impressions of her personal and professional qualities.

She possesses excellent organizational and communication skills and the ability to work in a team.

VII. Conclusion

The overall scientific research, educational and methodological and teaching activities of Senior Lecturer Petya Stefanova Stefanova, PhD, fully comply with the Law on Academic Affairs of the Republic of Bulgaria and Section III / Section IV of the PPZRASRB - Conditions and Procedure for Holding an Academic Position "Associate Professor" and the Regulations for Holding an Academic Position "Associate Professor" and "Evaluation Criteria" (part of the Regulations on the Conditions and Procedure for Acquiring Scientific Degrees and Holding Academic Positions at the University "Prof. Dr. Asen Zlatarov" - Burgas) in the field of higher education 7. Health and Sports, professional field 7.5. Health Care, for the needs of the University "Prof. Dr. Asen Zlatarov" - Burgas.

Comparative analysis of the requirements by group of indicators for the academic position "Associate Professor"

Group of indicators	Contents Fulfillment of the requirements by the candidate Petya Stefanova	According to the regulations of the University "Prof. Dr. Asen Zlatarov" - Burgas
A Indicator 1	50	50
B Indicator 2	0	0
B Indicator 3	100	100
Г - Sum of indicators from 5 to 9	272.5	220
Д /D/ Sum of indicators from 10 to 12	75	60
Е Sum of indicators from 13 to the end	75	20
Total	552.5	450

Based on the above, I confidently give a positive vote and propose to the esteemed members of the Scientific Jury to support the candidacy of senior lecturer Petya Stefanova Stefanova, doz, and to award the academic position of "associate professor" in the field of higher education 7. Health and sports, professional field 7.5. Health care for the needs of the University "Prof. Dr. Asen Zlatarov" - Burgas.

16. 02. 2025

Burgas

Prepared by:.....

/Assoc. Prof. Katya Popova, PhD/