

## OPINION

by

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Head of the Department of Nursing.

Member of the scientific jury, approved by Order No. RD - 448/27.12.2024 of the Rector of the University "Prof. Dr. Asen Zlatarov" - Burgas.

On a competition for the academic position of "Associate Professor" in the Field of Higher Education 7. Health and Sports, Professional Direction 7.5 Health Care and Additional Qualification: Master's Degree "Health Care Management" and Specialty "Nurse", announced in the State Gazette, issue 91/29.10.2024.

**One candidate** – senior lecturer Petya Stefanova Stefanova, PhD, full-time lecturer in the Department of "Health care" participated in the competition for the academic position of "associate professor" in the field of higher education 7. Health and sports, professional field 7.5. Health care "Health care management", scientific specialty "Health care management" announced for the needs of the University "Prof. Dr. Asen Zlatarov", published in the State Gazette, issue 91/29.10.2024.

This statement has been developed in accordance with the requirements for candidates set out in the Act on the Development of the Academic Staff in the Republic of Bulgaria (ZRASRB) and the regulations for its implementation, as well as the Regulations of the University "Prof. Dr. Asen Zlatarov".

### I. Biographical data and career profile

Petya Stefanova graduated in 1983 from the "Konstantin Vezenkov" College in Burgas with a semi-higher education, specialty "General nurse". In 2003, she defended her bachelor's degree in "Business Administration" - "Health Management" at the University "Prof. Dr. Asen Zlatarov" Burgas. In 2012, she graduated with a Master's degree in "Health Care Management" at the University "Prof. Dr. Asen Zlatarov" - Burgas.

She has successfully defended her dissertation for the educational and scientific degree "Doctor" in the scientific specialty "Health Care Management" in 2024 at the Thracian University.

Senior lecturer Petya Stefanova, PhD worked as a nurse from 1983 to 2015 in a number of medical institutions, also holding management positions. Since 2013, she has been appointed as a part-time lecturer at the University "Prof. Dr. Asen Zlatarov" – Burgas. She teaches clinical practice and educational-practical classes in the specialty "Nursing". Since 2015 she is a full-time lecturer at the Department of "Health Care", specialty "Nursing". Since 2018

she is a senior lecturer and participates in the educational process of the specialties "Nursing" and "Physician Assistant".

Senior lecturer Petya Stefanova is the Chairperson of the regional committee of the Bulgarian Association of Healthcare Professionals in Burgas; she is a member of the BNDOZ; Member of the Advisory Council on Healthcare to the Municipality of Burgas, Member of the General Assembly of the University "Prof. Dr. Asen Zlatarov", Member of the Academic Council of the University "Prof. Dr. Asen Zlatarov".

## **II. General description of the materials submitted for the competition**

Based on the submitted documents for participation in the competition, I believe that Senior Lecturer Petya Stefanova Stefanova, PhD, meets the requirements under Article 56 of the Law on the Development of the Academic Staff of the Republic of Bulgaria and the Regulations for the Development of the Academic Staff of the University "Prof. Dr. Asen Zlatarov" - Burgas.

## **III. Teaching Activities**

Senior Lecturer Petya Stefanova Stefanova has been a full-time lecturer at the Department of Health Care, Faculty of Public Health and Healthcare at the University "Prof. Dr. Asen Zlatarov" - Burgas since 2015, and since 2018 she has been a senior lecturer at the same department.

She teaches in the specialties "Nurse" and "Physician's Assistant" - Bachelor's Degree, as well as to students in the specialty "Health Care Management" of Bachelor's and Master's Degrees. She lectures on the subject of "Palliative Nursing Care" to nurses and teaches educational and practical classes. At the same time, she conducts seminars, educational /clinical/ practice and pre-graduate internship for nursing students. She participates in the development of curricula for the National Institute of Nursing and Health Care. She is a lecturer at the Center for Professional Training at the Bulgarian Association of Health Professionals; at the Vocational Training Center - University "Prof. Dr. Asen Zlatarov" for the training of paramedics, as well as a manager and trainer of post-graduate projects for the training of nurses, social workers and personal assistants.

With a required minimum of 560 hours of classroom work, the candidate has completed over 750 hours.

In the competition, the candidate participates in co-authorship with two textbooks "Practical Guide to Nursing Care for Patients with Oncological Diseases" and "Diary for Pre-Graduate Internship" - specialty "Physician Assistant". Senior lecturer P. Stefanova participates in the development and updating of curricula in the specialty of "nursing" and programs for postgraduate training of nurses, social workers and assistants.



From the materials presented by senior lecturer Petya Stefanova, it is clear that she satisfies the formal requirements in the section of educational activity. I find that the accumulated teaching experience is fully sufficient for acquiring the academic position of "associate professor".

#### **IV. Scientific research and applied activity of senior lecturer Petya Stefanova, PhD**

Senior lecturer Petya Stefanova has presented:

- ☐ A monograph;
- ☐ A list of 16 publications in non-refereed journals with scientific review with copies of the publications;
- ☐ A list of 2 citations in monographs;
- ☐ A list of 10 citations in journals in non-refereed journals with scientific review

Independent author of 4 publications, first author of 8, and 4 publications are in English.

Depending on the research issue, the scientific production presented in the competition can be divided into the following areas:

- 1. Health care** - management of integrated health and social care for people with functional dependence and chronic diseases, multidisciplinary approach to managing palliative home care, quality of care management in pre-hospital and hospital care, telemedicine and health care.
- 2. Public health, prevention and promotion of health, prophylaxis of socially significant diseases** - health needs, health education in risk groups of the population, quality of life of people with functional dependence, bioethical aspects of quality of life and chronic diseases.
- 3. Quality of education in the field of "Healthcare"** - increasing the competencies of students and specialists in "Healthcare" in the fields of "Public Health" and "Healthcare Management" through participation in projects, educational programs and postgraduate training, in accordance with the modern interpretation of the specialties providing health and social care and the increased needs of society.

Senior Lecturer Petya Stefanova participated in the development of eight projects, mainly of applied value in the field of healthcare. Intra-university – 6, national – 1, international project – 1 under the Erasmus+ program. She actively works with students who take part in student scientific sessions.

She presented implemented and approved author's developments of sample documents "Individual Assessment of Needs", "Care and Social Support Plan" in the implementation of activities under the project "Providing Patronage Care for the Elderly and Persons with Disabilities" - Component 2, BG05M9OP001-2.040.

The scientific areas fully correspond to the professional area of the announced competition.

According to quantitative indicators of the criteria for awarding the academic position "Associate Professor" in the Regulations on the Conditions for Acquiring Scientific Degrees and Holding Academic Positions at the University "Prof. Dr. Asst. Zlatarov" - Burgas, the production presented by the candidate meets the requirements.

**V. Reflection (citation) of the candidate's publications in the national and foreign literature - according to the attached references:**

The total number of noted citations, presented in reference No. 14, is 12, of which 10 in non-refereed journals and 2 in monographs.

**Conclusion:**

Considering the above, I give my positive assessment and find it reasonable to propose to the members of the Scientific Jury to award the academic position of "Associate Professor" to Senior Lecturer Petya Stefanova Stefanova, PhD in the scientific specialty "Health Care Management", Professional Direction 7.5. "Health Care", Field of Higher Education 7. Health and Sports for the needs of the Faculty of Public Health and Sports, University "Prof. Dr. Asen Zlatarov" - Burgas.

13.02.2025

Assoc. Prof. D. Taneva, MD.....