

## OPINION

By Assoc. Prof. Dr. Stanislav Hristov Slavchev, PhD

Medical University - Varna, Clinic of Gynecology - Multispecialty Hospital for Active Treatment Sv.  
Anna – Varna AD

Regarding a competition for the "Associate Professor" academic title in the field of higher education, 7. Health care and sports, by professional direction 7.1 Medicine, scientific specialty "Obstetrics and gynecology" for the needs of the Faculty of Public Health and Health Care at the University "Prof. Dr. Asen Zlatarov", Burgas, promulgated in SG No. 69 of 11.08.2023 and on the website of the university with a single applicant, Dr. Pavel Petrov Dobrev, MD.

Scientific research and teaching activity and scientific activity of Dr. Pavel Dobrev were evaluated according to the fulfillment of the conditions for holding the position of "associate professor" from the Act on the Development of the Academic Staff in the Republic of Bulgaria and from the Regulations for its application in the Republic of Bulgaria, as well as according to positions at the University "Prof. Dr. Asen Zlatarov", Burgas.

### **I. BIOGRAPHICAL DATA**

Dr. Dobrev completed his higher education at the Medical University - Varna in 2011. In 2016, Dr. Dobrev acquired a scientific specialty in "Obstetrics and Gynecology" at the Medical University - Pleven. From 2016 to 2018 he was a doctor at the Department of Oncology and Gynecology at the Complex Oncology Center - Burgas, and from 2018 to the present he has been the Head of the Department of Oncology and Gynecology at the Complex Oncology Center - Burgas. In 2022, he defended his dissertation on the topic: " at the Medical University - Varna and obtained the scientific and educational degree "Doctor". Since 2012, he has been an assistant in obstetrics and gynecology at "Prof. Dr. Asen Zlatarov" University - Burgas, and since 2022 he has been a chief assistant at the same. In 2019, he acquired a scientific specialty in "Health Management" at the Medical University - Pleven.

He is a member of Bulgarian Medical Association; Bulgarian Scientific Society of Obstetrics and Gynecology; BULGARIAN ONCOGINECOLOGY ASSOCIATION

Dr. Dobrev has been working in the field of gynecology for eleven years, continuously improving his skills and qualifications. Eight certificates from the most important courses for qualifications acquired by Dr. Dobrev in the country and abroad are presented. He is fluent in English and Russian.

### **II. Evaluation of scientific works and scientific activity of the applicant**

The total number of scientific works with which Dr. Pavel Dobrev applied is twelve. He is the author or co-author of eight real scientific publications, of which four in Bulgarian scientific journals and four in foreign journals, referenced and indexed in databases with scientific information. I am personally acquainted with Dr. Dobrev's dissertation work. /Scopus; Web of Science/. Dr. Dobrev presents an abstract for a dissertation work for the acquisition of the Educational and Scientific Degree "Doctor" on the topic "Genitourinary syndrome of menopause in women after surgical, hormonal and radiation castration" and participation and presentations in two scientific forums. He also presents a monograph on the topic: "Possibilities to improve the quality of life in genitourinary syndrome of menopause with CO2 laser therapy".

Dr. Dobrev presents evidence of participation in a scientific project No. 18/2013 - "Stress hormonal

response during open and minimally invasive surgery in gynecology and urology" at the Medical University - Pleven.

In the presented academic reference from the National Center for Information and Documentation - a total of six citations of the works of Dr. Pavel Dobrev /without self-citations / were found, according to SCOPUS, Web of Knowledge, Google Scholar databases.

I divide the scientific contributions of Dr. Pavel Dobrev into two categories:

1. Contributions of an original scientific nature

For the first time in the Republic of Bulgaria, a study was conducted on female patients operated on for benign and malignant diseases of the female reproductive system in relation to the genitourinary syndrome after surgical and medical castration at a young age. The frequency and clinic of this syndrome have been analyzed, the quality of life, general and sexual health have been evaluated. Algorithms and recommendations have been prepared to minimize the side effects of post-castration syndrome.

2. Contributions of a confirmatory nature:

The author presents his own experience with CO2 laser treatment technology for vulvovaginal atrophy in premenopausal and menopausal women; It details treatment options for menopausal genitourinary syndrome.

### **III. Evaluation of the scientific and teaching activity of Dr. Pavel Dobrev**

According to a submitted certificate - University "Prof. Dr. Asen Zlatarov", Burgas, during the period - Dr. Dobrev has lectures, exercises and participates in exams in Obstetrics and Gynecology of students from the Faculty of Public Health and Healthcare, as an assistant and chief assistant /2022/.

### **IV. Conclusion**

Dr. Pavel Dobrev complies in full with the conditions of the Act on Development of the Academic Staff in the Republic of Bulgaria, the Regulations for its application in the Republic of Bulgaria, as well as the Regulations for the terms and conditions for acquiring scientific degrees and holding academic positions at the University "Prof. Dr. Asen Zlatarov" Burgas for the acquisition of the academic position "Associate Professor".

Having known the applicant's creative path and his dedication to the profession for ten years, I vote positively and propose to the respected scientific jury to approve the candidacy of Dr. Pavel Dobrev MD for the academic position of "Associate Professor" at the Faculty of Public Health and Healthcare of "Prof. Dr. Asen Zlatarov" University, Burgas.

Date: 10.11.2023

Signature: ill.

Assoc. Prof. Dr. Stanislav Slavchev, PhD

Stamp of Assoc. Prof. Dr. Stanislav Slavchev

Gynecologist