

## STATEMENT



by Prof. Mariya Atanasova Semerdjieva, MD, PhD  
Dean of the Faculty of Public Health at the Medical University-Plovdiv  
External member of the Scientific Jury, according to Order No. RD 289/18.10.2023. of the  
Rector of the University "Prof. Dr. Asen Zlatarov" - Burgas

REGARDING: Competition for the occupation of the academic position "Associate Professor" in the field of higher education 7. Health care and sports, professional direction 7.5. Health Care, scientific specialty "Health Care Management", announced for the needs of the Faculty of Public Health and Health Care at the University "Prof. Dr. Asen Zlatarov" - Burgas in the State Gazette no. r. 69/11. 08. 2023

The only candidate in the competition is Monika Ruseva Obreykova, head assistant in the Department of Health Care, Faculty of Public Health and Health Care at the University of Prof. Dr. Asen Zlatarov" - Burgas.

### **I. Analysis of the candidate's career profile.**

Monika Ruseva Obreykova graduated in 1991, majoring in "Nurse" at the "Dr. K. Vezenkov" Secondary Medical Institute, Burgas. She has completed two master's degrees: "Social Worker" at Burgas Free University (1996) and "Health Care Management" at Trakia University - Stara Zagora (2014). She is defending her ESD "Doctor" in the scientific specialty "Health Care Management" at Trakia University - Stara Zagora in 2022. M.Obreikova began her career as a nurse in the Burgas District Regional Hospital and has a long experience (24 years) as a health care specialist. Since 2015, she has been appointed as a teacher at "Professor Dr. Asen Zlatarov" University - Burgas.

She has held a number of administrative positions in the General Assembly of FOZZG, in the Trade Union Council and the commission on LHSW.

She is a member of the Bulgarian Association of Healthcare Professionals and the Bulgarian Scientific Society of Public Health. She is a lecturer at the Professional Training Center at BAPHH.

She speaks English and Russian.

### **II. General description of the submitted materials for the competition**

The materials submitted by the candidate for the competition provide in full the necessary information for a quantitative and qualitative assessment of the overall

academic development. The documentation is detailed and clearly organized in the form of references, lists and evidentiary material.

A total of 26 scientific works were submitted for review: 24 publications, one monograph and one teaching aid.

### **1. Evaluation of the scientific works of the candidate for the overall academic development**

The publication activity of M. Obreikova is distributed evenly over the years, which is proof of systematicity and persistence in research activity. Of the presented publications, one is in a scientific publication, referenced and indexed in world-renowned databases.

In her publication activity, the candidate appears as the sole or first author in 73% of the total number of scientific works, which is proof of active research activity.

Scientific interests and contributions can be systematized in three main directions:

- **Public health, health promotion** – health culture and the role of primary prevention in the process of minimizing the burden of a number of socially significant diseases were studied; models of care promoting prevention and health promotion in children are proposed; the quality of life in people with various chronic diseases was analyzed.
- **Health care** – the quality and organization of health care in children's and school health care were investigated; modern interdisciplinary approaches for complex activities for children with disabilities are presented; health care management is analyzed.
- **Quality of medical education** – special attention is paid to the formation of professional training in health care students; specific proposals for changes in the structure of the communication process, including the training of medical specialists, are presented.

### **2. Assessment of monographic work**

The candidate submits for review an independent monographic work "Child and school health care - vision and perspectives". The monograph is extremely interesting and of great practical and applied significance, as it presents the contemporary problems and opportunities for the development of school and children's health care in Bulgaria. Emphasis is placed on the need to modernize the training of medical specialists in the direction of mastering rational communication models. In a practical-applied aspect, an original author's "Theoretical model for organizing health promotion for children and adolescents from children's institutions" is proposed.

### 3. Reflection (citation) of the candidate's publications

A total of 23 citations are presented in the citation reference. The interest in the scientific works of the candidate is from Bulgarian researchers, one of them is in Scopus, 4 are in Web of science, 7 in monographs and 9 in non-refereed peer-reviewed journals.

### III. Complex, qualitative assessment of the teaching-methodical and teaching activity

M. Obreikova has a diverse teaching activity. Leads exercises and seminars, lectures, educational/clinical/practice and pre-graduate internship of students studying at the EQD "bachelor" specialties "Nurse" and "Medical Assistant". Participates in the development and renewal of programs for study disciplines for the specialty "Nurse" and programs for postgraduate training of nurses, social workers and assistants - Municipality of Burgas, Municipality of Karnobat, Municipality of Rouen. Performs active scientific and methodological guidance of students, as a result of which more than 10 joint participations with reports in scientific forums have been realized.

There is a high average classroom occupancy for the indicated six academic years (893.7 academic hours), and in the last academic year a lecture course on "Nursing care for children and adults with disabilities for the specialty" was assigned to students from EQD "Bachelor" "Nurse".

### IV. General assessment of the applicant's compliance with the mandatory conditions and the mandatory quantitative criteria and scientometric indicators

The volume and quality of the presented scientific production of M. Obreykova fully meets the requirements for occupying the academic position "Associate Professor" according to the Regulations for the organization and activities of the University "Prof. Dr. Asen Zlatarov" - Burgas, the Law on the Development of the Academic Staff of the Republic of Bulgaria and the Regulations for its Application.

The scientific output of the candidate significantly exceeds the minimum requirements of the University "Prof. Dr. Asen Zlatarov" - Burgas for academic position "Associate Professor" (table 1).

Table 1. Comparative characteristics of the results of M. Obreikova and the minimum required points for academic position "Associate Professor" by groups of indicators

| Indicators | Regulations of University "Prof. | M. Obreykova |
|------------|----------------------------------|--------------|
|------------|----------------------------------|--------------|

|  | Dr. Zlatarov"<br>Burgas | Asen<br>- |
|--|-------------------------|-----------|
| <b>Indicator A</b>   | 50                      | 50        |
| Indicator B  | -                       | -         |
| <b>Indicator C</b>   | 100                     | 100       |
| (B) 3. Habilitation work - monograph   | -                       | 100       |
| <b>Indicator D</b>   | 220                     | 477,5     |
| (Г) 7. Publications and reports published in scientific publications, referenced and indexed in world-renowned databases of scientific information                           | -                       | 60        |
| (Г) 8. Publications and reports published in non-refereed peer-reviewed journals or published in edited collective volumes   | -                       | 417,5     |
| <b>Indicator E</b>   | 60                      | 190       |
| (Д) 10. Citations or reviews in scientific publications referenced and indexed in world-renowned databases of scientific information or in monographs and collective volumes | -                       | 75        |
| (Д) 11. Citations in peer-reviewed monographs and collective volumes.  | -                       | 70        |
| (Д) 12. Citations or reviews in non-refereed peer-reviewed scientific journals   | -                       | 45        |
| <b>Indicator F</b>   | 20                      | 65        |
| (E) 16. Participation in national scientific and educational projects  | -                       | 15        |
| (E) 21. A published university textbook or a textbook that is used on the school network   | -                       | 20        |
| (E) 22. Training of interns, specialists and doctoral students (seminars and practical classes)  | -                       | 30        |

### V. Conclusion

On the basis of the materials submitted for the competition, I am convinced that Monika Obreykova fully meets the national criteria for holding the academic position "Associate Professor", repeatedly exceeding all the indicators set by the Law on the Development of the Academic Staff in the Republic of Bulgaria and the Rules for its Implementation, as well as from the Regulations of the University "Prof. Dr. Asen Zlatarov" - Burgas.

My general impressions of the candidate are that she has all the professional and personal prerequisites for holding a higher academic position - thoroughness and systematicity in her work, a high sense of responsibility and consistency in the search for novelties in the chosen scientific field. On the basis of the above, I strongly recommend to the members of the Scientific Jury to support the election of **Monika Ruseva Obreykova for the**

**academic position of "Associate Professor"** in "Health Care Management", field of higher education 7. Health care and sports, professional direction 7.5. Health care.

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Plovdiv

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/ Prof. Mariya Semerdjieva, DM, PhD/