

## STATEMENT

by

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**REGARDING:**

**competition for the occupation of an academic position "Associate Professor" in the field of higher education<sup>7</sup>. Health care and sports, professional direction Public health, scientific specialty "Health care management" and additional qualification: master's degree "Health care management" published in SG, no. 69/11. 08. 2023**

According to Rector's Order No. RD - 289 of the Rector University "Prof. Dr. Asen Zlatarov" I have been appointed as an external member of the scientific jury for the competition. After reviewing the submitted documents, I found the following:

The only candidate in the announced competition is **Head Assistant Monika Ruseva Obreykova DPH**, lecturer at the University "Prof. Dr. Asen Zlatarov, Faculty of Public Health and Health Care, Department of Health Care. The candidate has submitted documents and evidence within the legal deadline in full compliance with the requirements of the Regulations for the Development of the Academic Staff of the University "Prof. Dr. Asen Zlatarov", Faculty of Public Health and Healthcare.

### **I. Biographical data. Professional path**

Head Assitant Monika Obreykova DPH graduated in: 1991 "Dr. K. Vezenkov" Secondary Medical Institute Burgas, specialty "Nurse - general profile"; 1996 Burgas Free University, Master's degree in "Social Worker" and specialization "Social Management"; 2014 Trakia University, Master's Program in Health Care Management; 2022 Trakia University, Faculty of Medicine, acquires ESD "Doctor", scientific specialty "Health Care Management". The dissertation is on the topic "MODERN VISION OF THE PROFESSIONAL COMPETENCE OF THE NURSE TO WORK WITH CHILDREN WITH DISABILITIES".

The professional path Head Assistant Monika Obreykova, DPH started as a nurse in 1991. in the District Regional Hospital of Burgas as an operating nurse in the Neurosurgical operating room. In 2002 started working in "Child and School Health Care" in "Kyril and Methodius" Secondary School of Burgas.

Since 2015 until now she is a lecturer at the University "Prof. Dr. Asen Zlatarov" - Burgas.

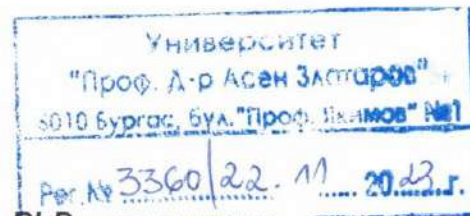
In 2015 has been appointed as a teacher at the Department of Health Care for Nursing Students. From 2018 until 2022 is a senior lecturer in the department, and from 2022 is a Head Assistant. She conducts exercises and lectures of specialties: "specialty "Nurse" and "Medical assistant".

She speaks English and Russian.

She is a member of: BAHP (Bulgarian Association of Healthcare Professionals); Member of SSPH (Scientific Society of Public Health).

### **II. General description of the submitted materials for the competition**

To participate in the contest, Head Assistant Monika Obreykova DPH submitted a total of



24 publications, 1 monograph and 1 teaching aid.

Independent author is on 8 publications (1 in Web of science), which is a reliable indicator of the candidate's scientific activity, first author is on 9, and 4 publications are in English.

Publications are referenced and indexed in secondary world-renowned databases and NACID. She participated in 5 Bulgarian and 19 international conferences held at home and abroad.

Head Assistant Monika Obreykova DPH, is a participant in the organizing committees of two scientific student forums and is the moderator of a section at the Fifth Scientific Conference "Challenges to public health care in the conditions of a health crisis", May 12-13, 2022. A positive indicator of the candidate's scientific activity is the participation in 24 scientific forums in the country and abroad.

She is a participant in 5 research projects of the University "Prof. Dr. Asen Zlatarov" - Burgas, 1 of Trakia University and in the "Student Practices" project of the EU.

Head Assistant Monika Obreykova DPH is the head of Postgraduate training for nurses from the municipality of Burgas. From 2015 to 2023, she was a lecturer in postgraduate continuing education of medical and non-medical specialists in 6 courses.

The academic performance of Head Assistant Monika Obreykova exceeds those required by the rules of the University "Prof. Dr. Asen Zlatarov" - Burgas for the academic position of "Associate Professor".

### **III. Evaluation of the candidate's scientific works.**

Research interests of Head Assistant Obreykova are in the field of Public Health, Healthcare and Quality of Medical Education. The papers have a scientific-theoretical, scientific-applied and methodological nature. The publications have a theoretical and practical orientation with the aim of improving public health and the quality of health education and health culture through primary prevention and stimulation of early childhood development. Health care models promoting prevention and health promotion in childhood have been developed.

The organization of health care in child and school health care is another part of scientific activity. Interdisciplinary approaches to complex activity in children with disabilities are presented, but also health care management approaches focused on healthy people.

The quality of medical education is another problem that Head Assistant Obreykova. The use of modern training methods for the formation of highly prepared future medical professionals in health care are discussed in some of the articles. The importance of effective communication in the process of providing health care to patients and their families is another theme in her work.

The professional experience and education of Head Assistant Monika Obreykova DPH are the basis of formation as a researcher, medical specialist and teacher. Scientific publications and monographs contribute to the improvement and development of health care, public health and quality medical education.

### **IV. Monographs and books.**

Head Assistant Monika Obreykova DPH participated in the competition with 1 independent monograph and 1 study aid.

1. Monograph: Obreykova M., (2023) Child and school health care - vision and perspectives, Ed. Flat, 2023, 197p. ISBN 978-619-7125-97-9

2. Obreykova M., (2023) "Practical foundations of nursing care. Nursing care of children with disabilities. Methodical guide – Part I, Ed. Flat, 2023, 119p. ISBN 978-619-7755-01-5

### **V. Quotations.**

24 citations were submitted for the competition (of which 1 in Scopus and 4 in Web of science), part of which in monographs, a sign that it is research and activity is recognizable.

### **VI. Study-methodical and teaching activity.**

Head Assistant Monika Obreykova DPH has the necessary teaching load.

Conducts training (lectures, exercises, seminars, practical training and pre-graduate internship) for students majoring in "Nurse" and "Medical Assistant

She participated in the development of 7 study programs, study and exam materials and 5 programs for Postgraduate studies..

She conducted scientific methodical counseling with more than 10 students participating in scientific forums with reports.

**Personal impressions:** I have known Head Assistant Obreykova since 2014 as a student and colleague, and during the development of the dissertation and work of which I am the scientific supervisor and as a researcher. In my opinion, striving for improvement as a scientist and teacher and achieving goals in the professional sphere are some of the qualities that are the basis of achievements in the field of science and practice.

### **VII. CONCLUSION**

The overall scientific research, teaching-methodical and teaching activity of **Head Assistant Monika Ruseva Obreykova DPH** fully complies with LDASRB and the Regulation for the occupation of the academic position "Associate Professor" from the Regulations for the terms and conditions for the occupation of academic positions of the University "Prof. Dr. Asen Zlatarov" - Burgas, scientific specialty "Health Care Management", professional direction 7.5. "Health care", area of higher education 7. "Health care and sports" for the needs of the Faculty of Public Health and Health Care, University "Prof. Dr. Asen Zlatarov" - Burgas.

*On the basis of the above, I am convinced that I give a positive vote and propose to the respected members of the scientific jury to support the candidacy of **Head Assistan Monika Ruseva Obreykova, DPH** and to award the academic position of "Associate Professor" in the scientific specialty "Health Care Management".*

09.11. 2023 г.  
Stara Zagora

Prepared the statement:.....  
/ Prof. Albena Nikolaeva Andonova, PhD /