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#### STATEMENT

on a competition for the occupation of the academic position "Associate Professor" in the Higher Education Region 7. Health and Sports, Professional Direction 7.5 Health Care and additional qualification: Master's Degree "Health Care Management", announced in the Official Gazette, no. 69/11.08.2023.

by Assoc. Prof. Daniela Ivanova Taneva, PhD

**Institutions:** Medical University - Plovdiv, Faculty of Public Health, head of the Department of Nursing.

Member of a scientific jury, confirmed by order No. RD - 289/18.10.2023 of the Rector of the University "Prof. Dr. Asen Zlatarov" - Burgas.

In the announcements for the needs of the University "Prof. Dr. Asen Zlatarov" competition for the academic position of "Associate Professor" in the field of higher education 7. Health care and sports, professional direction 7.5. Health Care "Health Care Management", scientific specialty "Health Care Management", published in the Official Gazette, no. 69/11.08.2023, one candidate participated — Head Assistant Monika Ruseva Obreykova, DPH, full-time lecturer in the Department of Health Care.

This opinion has been developed in accordance with the requirements for candidates defined in the Law on the Development of the Academic Staff in the Republic of Bulgaria (LDASRB) and the regulations for its implementation, as well as based on the Regulations of the University "Prof. Dr. Asen Zlatarov".

## I. Professional and Academic Development

Monika Obreykova, DPH, was born in 1970. She graduated from the "Dr. K. Vezenkov" Secondary Medical Institute, Burgas, majoring in "Nursing - general profile" on 10.07.1991. In 1996, she defended her master's degree in "Social Worker" at Burgas Free University and specialization "Social Management". In 2014, she obtained a Master's degree in Health Care Management and a professional qualification of Health Care Manager and Practice Teacher at Trakia University, Stara Zagora.

Defends a dissertation work at the ESD "Doctor" – Trakia University, Stara Zagora, 2023. Head Assistant Obreykova has worked in the field of health care for 24 years as a nurse. From 2014 to the present, she is a teacher at the "Healthcare" department, "Professor Dr. Asen Zlatarov" University - Burgas. She successively held the academic position of "teacher", "senior teacher" and "head assistant". Member of BAHP (Bulgarian Association of Healthcare Professionals) and SSPH (Scientific Society of Public Health).

# II. General description of the submitted materials for the competition

Based on the submitted documents for participation in the competition, I believe that Head Assistant Monika Ruseva Obreykova meets the requirements of Article 56 of the LDASRB and the Regulations for the Development of the Academic Staff of the University "Prof. Dr. Asen Zlatarov" - Burgas.

### III. Educational - teaching activity

Head Assistant Monika Obreykova is a full-time lecturer at the Department of Health Care at the University "Professor Dr. Asen Zlatarov" - Burgas since 2014.

She teaches in the specialty "Nurse" and "Medical Assistant", EQD "Bachelor". Delivers lectures on the discipline "Nursing care for children and adults with disabilities" for the specialty "Nurse". At the same time, it conducts educational and practical classes, seminars (5 disciplines each), educational / clinical practice and pre-graduate internship for nursing students. Conducts "Patient Care and Nursing Technique" exercises for students from the "Medical Assistant" specialty, EQD "Bachelor".

With a required minimum of 400 hours of classroom work, the candidate has completed 797.3 hours. Participates in committees for semester and state examination committees for the specialty "Nurse".

In the competition, the candidate participates with one textbook on Practical foundations of nursing care. Nursing care for children with disabilities. Methodical guide – Part I. The textbook is intended for and provides the course taught by her "Nursing care for children and adults with disabilities" for the specialty "Nurse", OCS "bachelor" in the department of "Health Care", FPHHC.

From those presented by Head Assistant Monika Obreykova's materials show that she satisfies the formal requirements in the study activity section. Actively participates in the development and renewal of programs for study disciplines in the specialty "nursing" and programs for **postgraduate training of nurses, social workers and assistants**. I find that the accumulated teaching experience is completely sufficient for acquiring the academic position of Associate Professor.

# III. Scientific research and applied activity of the Head Assistant Monika Obreykova

Head Assistant Monika Obreykova has presented a list of 24 publications, of which 6 are after ESD "Doctor". Of the peer-reviewed publications, there is 1 monograph, 23 articles (3 in foreign publications) and 24 participations in scientific forums, of which 8 are international. It is noteworthy that in 8 of the scientific publications she is an independent author, in 9 she is the first, and 4 of them are in English. Depending on the investigated issue, the scientific production presented in the competition can be divided into the following areas:

- 1. Public health, health promotion;
- 2. Healthcare;
- 3. Quality of the medical education.

The scientific directions fully correspond to the professional direction of the announced competition.

Head Assistant Monika Obreykova participated in the development of a number of projects (8), mostly with applied value in the field of health care. Of them, 5 are intra-university. She is the head of 1 project for postgraduate studies in the municipality of Burgas. For the period 2015 - 2023, she participated as a lecturer in postgraduate studies of medical and non-medical specialists in the field of "Child and school health care" and "Medical - social care".

Head Assistant Obreykova actively works with students (10), who take part with reports in student scientific sessions.

According to quantitative indicators of the criteria for awarding the academic position of "Associate Professor" in the Regulations for the conditions for acquiring scientific degrees and occupying academic positions at the University "Prof. Dr. As. Zlatarov"- Burgas, the production presented by the candidate exceeds the requirements for the academic position "Associate Professor".

# IV. Reflection (citation) of the candidate's publications in the national and foreign literature - according to the attached references:

The total number of citations presented in reference No. 17 is twenty-three, of which 1 in a journal with Scopus, 4 in Web of science and 7 in monographs, in non-refereed journals with scientific review -11, which is a good certificate of the authority of the done Scientific Research from Head Assistant Obreykova.

## IV. Assessment of the candidate's personal contribution and qualities

The entire scientific production, professional and pedagogical work of the Head Assistant Obreykova is dedicated and committed to the health care and education of students. To this I would like to add my personal impressions of working together with my colleague Obreykova. This is an extremely correct, responsive and committed teacher. She works conscientiously and competently with students, and her colleagues can always count on her assistance.

#### Conclusion:

Bearing in mind the above, I give my positive assessment and find it reasonable to propose to the members of the Scientific Jury to award the academic position of "Associate Professor" to Head Assistant Monika Ruseva Obreykova DPH in Higher Education District 7. Health and Sports, Professional Area 7.5 Health Care.

13.11.2023 г.	Assoc. Prof. Daniela Ivanova Taneva, PhD